

DIVER DAN'S

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www.diverdans.com

Congratulations. . .

on signing up to become a PADI Certified Diver!

Your Class Start Date: _____

Your Instructor is: _____

Ocean Training Dates: _____

Hello New Diver!

I wanted to take a moment to thank you for taking a PADI Open Water Course at my store. It is my sincere hope that you enjoy your training and that your Instructor makes the experience fun! The two main goals of the class are fun and safety.

Your PADI Instructor is a highly trained professional who has met the most stringent standards in diving instruction in the world. *Diver Dan's* is a PADI Five Star Career Development Center (*CDC*) which has also met the highest quality requirements in the industry! With two Course Directors on staff we can assure that you are receiving the best training possible. If you ever have a concern about any instructor or procedure during your training please feel free to contact me at any time.

Congratulations, and see you "Down Under"!



Dan King

Owner of *Diver Dan's* and PADI Course Director

Welcome to your PADI OPEN WATER SCUBA CLASS at *Diver Dan's*

Welcome to the World of SCUBA Diving and *Diver Dan's*! We know that you will have fun in the class, and that you will learn to dive safely. Our main hope is that you learn to love SCUBA diving as much as we do!

Prior to the first class session there are a few things you need to get and a few things to review. This handout is designed to answer some questions you may have and help you get a head start and make your experience a great one. While reviewing the information provided, if you have any questions do not hesitate to contact the store.

1) What should I get before the class begins?

Before your first class you will need to purchase one of the following:

- 1) The PADI Open Water DVD/Video and PADI Student Kit. The PADI Student Kit includes your PADI Open Water Manual, Dive Tables, Logbook & Student Record File.

OR

- 2) The PADI CD ROM Kit. The PADI CD ROM contains the PADI Open Water Diver Manual and Open Water Videos on the disks. The Student Record File & Logbook pages are provided in the Kit.

Since you will be getting into the pool early in your training, you will need to have purchased all of your personal gear (Mask, Snorkel, Fins, Boots and Gloves) before the first pool session. You will also need to be sized for your rental gear. Please get sized as soon as possible. Rental gear must be sized no later than 24 hours before the first pool session (See page 4 for details).

Also for your PADI Open Water Certification Card you will need to provide your instructor two passport size (1.75" x 2.25") photos. One is for your PADI Certification Card; the other is for the Instructor's records.

If you are 10 or 11 years old, we require a least seven (7) days notice before class begins to ensure proper staffing. Please ask for a "Youth Sign-Up Packet".

2) What should I read before the class begins?

If you are signed up for a Weeknight Format class, the first night is an orientation session. Before your second class, you will need to watch Modules One and Two in the PADI Open Water Diver Videos, read Chapters One and Two of the PADI Open Water Diver Manual and complete the Knowledge Reviews at the end of each Chapter.

If you are signed up for a Weekend Accelerated Format class, before the class begins, you need to watch the entire set of Videos, read the entire Open Water Manual and complete the Knowledge Reviews at the end of each chapter.

See the *Student Learning Agreement* on Page 5 for more details.

3) Are there any Special Medical Considerations?

On page 6 of this handout there is a sample copy of the Medical Statement that is in your Student Record File. Please take a moment and look over this form. This form will ask some questions about your medical history. If you need to answer **YES** to any of these questions you **MUST** get an authentic **PADI Medical Release Form online** or from the store, and have your personal physician fill out and sign this form. This release is required on the first class.

If you are able to answer **NO** to all the questions you don't need to do anything.

4) What is Schedule of the class?

A sample of your class schedule is on page 7 or 8 of this handout. Page 7 is an example of the Weeknight Format, and page 8 is an example of the Weekend Accelerated Format. Your instructor will go over this with you on the first night of class. If you have any questions, please ask your instructor.

5) Where is the pool?

Diver Dan's is proud to have an on-site pool! A list of the pool procedures is on page 9 of this handout. Additional procedures specific to your class will be given to you by your Instructor.

6) Where will I do my Open Water Training Dives?

You will do your Open Water training dives in Monterey. The exact site and time will be determined by your Instructor. A map of some of the popular training dive sites of Monterey is included on page 10 of this handout.

7) What do I need to bring to the first class session?

Class begins promptly at 6:30pm for the Weekend Accelerated Format Class and 7:00pm for the Weeknight Format Class.

On your first night bring your entire PADI "Go Dive" Student Kit, a note pad and a pen. If you have any medical considerations, please bring your Doctor's signed **PADI Medical Release Form** with you.

The Instructor may decide to do the swim test the first night of class, so bring your bathing suit and a towel.

The Instructor fee of \$125.00 is due the first night of class. Payment is to be made directly to the Instructor in the form of a check or cash (no credit cards).

If you are under the age of eighteen, you will need to have the Student Record File co-signed by a parent or guardian. There are three places on the form to be signed by both the student and the parent or guardian.

Bring the pictures for your Certification Card if you have them.

8) Is Diver Dan's the best place to get equipment?

Yes! We at *Diver Dan's* take great pride in the equipment we sell. We guarantee the price on any regular stock equipment to any other local store, item-for-item. We also have a 30 day refund/60 day exchange policy, which is the best in the business! This gives you a chance to try your new equipment in the pool, and exchange it if necessary. This policy is unique in the diving community. If you have any questions please ask any of our sales staff.

Congratulations, and Welcome to SCUBA!

Rental Gear Procedures

Thank you taking your Open Water Scuba Class *with Diver Dan's*. During this course you will most likely be using our rental gear (Wetsuit, Tanks, Regulator, BCD, and Weight Belt) at a special class price. This equipment is very valuable (approximately \$2000.00 worth), so we request your assistance in taking very good care of it while it is in your possession. If you experience any problems with the rental equipment please let us know. We want to repair the equipment before the next person comes to rent it. We only know problems exist when you let us know!

Getting Sized for Your Rental Equipment

You may get sized for your rental gear anytime before your first pool session. Do not wait until the night of your class, as it usually a popular time and may take you from your scheduled class. This will delay the entire class, as instructors do not wish to start until everyone is present.

Picking up the Equipment

At each pool session, your rental gear will be provided in the pool area for you to use. After the final pool session you will take all your rental gear with you for regular scheduled ocean dives. If for some reason the normal training schedule gets suspended, altered, postponed or canceled, you will need to return your rental gear immediately. Arrangements will be made for you to pick up your rental gear when you resume training at no additional charge. Failure to return the rental gear as outlined will result in additional rental charges.

Transportation and Storage

Please secure the Tank(s) in your car so that it does not roll around. During the summer with days over 100 degrees, please leave the Tank(s) at home so they do not overheat.

After Each Pool Session

Please fresh water rinse all of the equipment after each pool session. Rinse each piece of gear to make sure no chlorine remains. Before rinsing the Regulator make sure that the dust cap is replaced so that water won't enter the First Stage. Inflate the BCD and hang both the BCD and the Wetsuit to ensure that they dry properly.

After the Ocean Dives

Please fresh water rinse all of the equipment after each ocean days by taking it into a shower or put it into a tub of fresh warm water. Rinse each piece of gear to make sure no salt water or sand remains. Before rinsing the Regulator make sure that the dust cap is replaced so that water won't enter the First Stage. Inflate the BCD and hang both the BCD and the Wetsuit to ensure that they dry properly.

You need to return your rental equipment on the Monday after your weekend of diving at the ocean. Any gear not returned on this date will be charged a late fee.

Returning the Equipment

All rental equipment is due back in the store on the Monday following your ocean dives. Please have the Wetsuit turned correctly (not inside out) and any loose weights removed from the weight belt and BCD weight pouches or pockets. Make sure the equipment is clean and has been rinsed in fresh water! When you return your rental equipment make sure you have not forgotten anything. You will be charged replacement cost for any equipment missing at the time of return.

Learning Agreement with Diver Dan's

Welcome to the PADI Open Water Diver Course. Diver training courses are meant to be fun, but like any form of learning, you'll need to invest some time and effort reading and studying. This learning agreement is between you the student, and Diver Dan's instructional staff, regarding our mutual responsibilities in this program.

Student Responsibilities

The student agrees to study independently as specified by the instructor. In general, this means that before each class session, the student will:

1. Watch the appropriate assigned portion of the Open Water Diver Video.
2. Read the appropriate assigned section of the Open Water Diver Manual.
3. Complete the Knowledge Review for each module to be handed in at the start of each class.

In addition, the student agrees to:

1. Follow all course procedures as set forth by the Instructor.
2. Ask questions about anything not understood.
3. Arrive for all sessions on time.

If the student misses any session or has failed to complete any assigned work, it may be necessary to make up the work. The student will be responsible for any additional costs if make up sessions need to be scheduled. In scheduling and determining additional costs, Diver Dan's and its Instructional Staff agree to give every reasonable consideration to unforeseen events, such as family emergencies, that lead to this situation.

Instructor/Staff Responsibilities

The Instructor and Staff agree to:

1. Be ready to start the class as scheduled.
2. Provide a positive learning environment in which to master the course objectives.
3. Answer the student's questions to the best of their ability.
4. Assist the student through learning challenges.

The Student and Instructor accept the fact that there are Course Objectives set forth by PADI that must be met before the student is certified. The Instructor and Diver Dan's accept the fact that some people have learning challenges when learning Scuba Diving. To help the student meet all the learning objectives, students may transfer to other scheduled Open Water classes, at no additional cost.

Student Signature _____ Date _____

Instructor Signature _____ Date _____

MEDICAL STATEMENT

Participant Record (Confidential Information)

Please read carefully before signing.

This is a statement in which you are informed of some potential risks involved in scuba diving and of the conduct required of you during the scuba training program. Your signature on this statement is required for you to participate in the scuba training program offered

by _____ and
Instructor

_____ located in the
Facility

city of _____, state/province of _____.

Read this statement prior to signing it. You must complete this Medical Statement, which includes the medical questionnaire section, to enroll in the scuba training program. If you are a minor, you must have this Statement signed by a parent or guardian.

Diving is an exciting and demanding activity. When performed correctly, applying correct techniques, it is relatively safe. When

Divers Medical Questionnaire

To the Participant:

The purpose of this Medical Questionnaire is to find out if you should be examined by your doctor before participating in recreational diver training. A positive response to a question does not necessarily disqualify you from diving. A positive response means that there is a preexisting condition that may affect your safety while diving and you must seek the advice of your physician prior to engaging in dive activities.

- _____ Could you be pregnant, or are you attempting to become pregnant?
- _____ Are you presently taking prescription medications? (with the exception of birth control or anti-malarial)
- _____ Are you over 45 years of age and can answer YES to one or more of the following?
 - currently smoke a pipe, cigars or cigarettes
 - have a high cholesterol level
 - have a family history of heart attack or stroke
 - are currently receiving medical care
 - high blood pressure
 - diabetes mellitus, even if controlled by diet alone

Have you ever had or do you currently have...

- _____ Asthma, or wheezing with breathing, or wheezing with exercise?
- _____ Frequent or severe attacks of hayfever or allergy?
- _____ Frequent colds, sinusitis or bronchitis?
- _____ Any form of lung disease?
- _____ Pneumothorax (collapsed lung)?
- _____ Other chest disease or chest surgery?
- _____ Behavioral health, mental or psychological problems (Panic attack, fear of closed or open spaces)?
- _____ Epilepsy, seizures, convulsions or take medications to prevent them?
- _____ Recurring complicated migraine headaches or take medications to prevent them?
- _____ Blackouts or fainting (full/partial loss of consciousness)?
- _____ Frequent or severe suffering from motion sickness (seasick, carsick, etc.)?

established safety procedures are not followed, however, there are increased risks.

To scuba dive safely, you should not be extremely overweight or out of condition. Diving can be strenuous under certain conditions. Your respiratory and circulatory systems must be in good health. All body air spaces must be normal and healthy. A person with coronary disease, a current cold or congestion, epilepsy, a severe medical problem or who is under the influence of alcohol or drugs should not dive. If you have asthma, heart disease, other chronic medical conditions or you are taking medications on a regular basis, you should consult your doctor and the instructor before participating in this program, and on a regular basis thereafter upon completion. You will also learn from the instructor the important safety rules regarding breathing and equalization while scuba diving. Improper use of scuba equipment can result in serious injury. You must be thoroughly instructed in its use under direct supervision of a qualified instructor to use it safely.

If you have any additional questions regarding this Medical Statement or the Medical Questionnaire section, review them with your instructor before signing.

Please answer the following questions on your past or present medical history with a YES or NO. If you are not sure, answer YES. If any of these items apply to you, we must request that you consult with a physician prior to participating in scuba diving. Your instructor will supply you with an RSTC Medical Statement and Guidelines for Recreational Scuba Diver's Physical Examination to take to your physician.

- _____ Dysentery or dehydration requiring medical intervention?
- _____ Any dive accidents or decompression sickness?
- _____ Inability to perform moderate exercise (example: walk 1.6 km/one mile within 12 mins.)?
- _____ Head injury with loss of consciousness in the past five years?
- _____ Recurrent back problems?
- _____ Back or spinal surgery?
- _____ Diabetes?
- _____ Back, arm or leg problems following surgery, injury or fracture?
- _____ High blood pressure or take medicine to control blood pressure?
- _____ Heart disease?
- _____ Heart attack?
- _____ Angina, heart surgery or blood vessel surgery?
- _____ Sinus surgery?
- _____ Ear disease or surgery, hearing loss or problems with balance?
- _____ Recurrent ear problems?
- _____ Bleeding or other blood disorders?
- _____ Hernia?
- _____ Ulcers or ulcer surgery ?
- _____ A colostomy or ileostomy?
- _____ Recreational drug use or treatment for, or alcoholism in the past five years?

The information I have provided about my medical history is accurate to the best of my knowledge. I agree to accept responsibility for omissions regarding my failure to disclose any existing or past health condition.

Signature

Date

Signature of Parent or Guardian

Date

Diver Dan's

PADI Open Water Scuba Class Schedule

Weeknight Format (3-1/2 Weeks)

Day/Date	Place/Time	Topic
Wednesday/Thursday Week 1 Class & Pool	<i>Diver Dan's</i> 7:00 PM - 9:30 PM	Introduction Paperwork Equipment Assembly Swim Test
Monday/Tuesday Week 2 Class	<i>Diver Dan's</i> 7:00 PM - 10:00 PM	Modules 1 & 2
Wednesday/Thursday Week 2 Pool	<i>Diver Dan's</i> 7:00 PM - 10:00 PM	Modules 1 & 2
Monday/Tuesday Week 3 Class	<i>Diver Dan's</i> 7:00 PM - 10:00 PM	Modules 3 & 4
Wednesday/Thursday Week 3 Pool	<i>Diver Dan's</i> 7:00 PM - 10:00 PM	Modules 3 & 4
Monday/Tuesday Week 4 Class	<i>Diver Dan's</i> 7:00 PM - 10:00 PM	Module 5 Final Exam
Wednesday/Thursday Week 4 Pool	<i>Diver Dan's</i> 7:00 PM - 10:00 PM	Module 5 Final Review
Saturday & Sunday Week 4 Ocean Dives	OCEAN - Monterey Early in the morning	Dives # 1 & 2 (Saturday) Dives # 3 & 4 (Sunday) You are a Certified Diver!

Diver Dan's

PADI Open Water Scuba Class Schedule

Weekend Accelerated Format

Day/Date	Place/Time	Topic
Friday Week 1 Class Only	<i>Diver Dan's</i> 6:30 PM - 9:30 PM	Introduction Paperwork Module 1 Swim Test
Saturday Week 1 Class & Pool	<i>Diver Dan's</i> 9:00 AM - 6:00 PM	Modules 2 & 3
Sunday Week 1 Class & Pool	<i>Diver Dan's</i> 9:00 AM - 6:00 PM	Modules 4 & 5 Final Exam
Saturday Week 2 Ocean Dives	OCEAN - Monterey Early in the morning	Dives # 1 & 2
Sunday Week 2 Ocean Dives	OCEAN - Monterey Early in the morning	Dives # 3 & 4 You are a Certified Diver!

Pool Procedures

Thank you taking your Open Water Scuba Class *with Diver Dan's*. We are proud to offer you an on-site pool! This makes logistics easy and training more convenient for everyone. However, as with all pools, there are some rules and procedures we require you to follow.

Entering/Exiting the Pool Room

During your pool sessions, no one is allowed in the pool room without Instructor supervision. With your personal gear, please enter and exit from the outside pool door to the pool area. Do not walk through the sales floor area with your personal equipment. If you do, we will require proof of purchase of all equipment.

The Rental Equipment

You may get sized for your rental gear anytime before your first pool session. Do not wait until the night of your class, as it usually a popular time and may take you from your scheduled class. This will delay the entire class, as instructors do not wish to start until everyone is present.

At each pool session, your rental gear will be provided in the pool area for you to use. Use one of the cubbyholes as a storage locker for your clothes/towel during your pool session.

After the final pool session you will take all your rental gear with you for regular scheduled ocean dives. If for some reason the normal training schedule gets suspended, altered, postponed or canceled, you will need to return you rental gear immediately.

The Changing Rooms

Please no "Hard Gear" (Tanks, Weights, etc.) in the changing rooms. Limit this to clothes, bathing suit, towel and Wetsuit bottom.

Stay In the Pool Room

Once you are dressed in any pool gear, or are wet, do not enter the sales floor or rental area. If you need to use the restrooms, get undressed to you bathing suit, or Wetsuit bottoms only, then enter the rental area to the restrooms.

Once dressed in a Wetsuit, if you need addition items from the rental department, ring the service bell and a rental staff member will come to you.

Gear Cleaning Procedures

During your first pool session, your Instructor will demonstrate the procedures to clean each piece of your gear. This includes procedures cleaning procedures for Regulators, BCDs, Wetsuits and all personal gear. Other than your last pool session, all rental gear remains in the pool room.

Diver Dan's Open Water Scuba Class/Dive Sites of Monterey Bay

